Step 1: Create your account on the OleMissCR App or at www.IMLeagues.com/OleMiss

Faculty/Staff and Student Members

**App Instructions:**
- Download the OleMissCR App from the Google Play Store or Apple Store.
- Select “Login via Portal,” use your Ole Miss webID and password & update information

**Desktop Instructions:**
- Visit www.IMLeagues.com/OleMiss
- Select the green “Create Account” button in the top right corner, use your Ole Miss webID and password & update information

Community Members Without an @olemiss.edu Email Address

**App Instructions:**
- Download the OleMissCR App from the Google Play Store or Apple Store.
- Click “Create Account” in the upper right corner of the screen.
- Input a NON-SCHOOL EMAIL, your name and desired password. Click “Next.”
- DO NOT select a school (leave OleMissCR in search bar). Select the gender you most identify as, select other as your status, and input your birthday. Click “Create Account”
- You will receive an error message that states you cannot automatically join the network, but that you can send a request to be approved by an administrator at your school. Click “Send Request”.
- You will receive an email to activate your account, follow the link in the email, this will open your account in the OleMissCR app
- Please allow up to two business days for an administrator to approve your request to join the school
Step 1: Create your account on the OleMissCR App or at www.IMLeagues.com/OleMiss

Community Members Without an @olemiss.edu Email Address

Desktop Instructions:
- Visit www.IMLeagues.com
- Select the orange “Sign Up” button in the upper right corner
- DO NOT select a school/organization
- Input your first name, last name, a NON-SCHOOL EMAIL and desired password
- Select “other” as your status, “none” as your grad year, your birthday, and gender you identify as
- Click “Create Account”
- You will receive an email to activate your account, follow the link in the email, you will be redirected to IMLeagues
- Select the green “Register” button, search for “University of Mississippi” and select the blue “Join button,” select the blue “Send Request” button
- Please allow up to two business days for an administrator to approve your request to join the school
Step 2: Sign Up for Fitness, Climbing, or Swimming

App Instructions:

- On the “Network” page (home page), click the “Fit|Climb|Swim” widget
- Select a specific fitness zone, group fitness class, climbing session, or swimming session
  - Fitness zones, climbing sessions, and swimming sessions will be available to sign up at 12:00pm the day before up until the start time of the time slot
  - Group fitness classes will be available to sign up the day before up until the start time of the class
- Click the “Join Session” bar, read the Informed Consent and Release of Liability then check the indication box, click “Next,” click “Sign Up”
  - If at any point leading up to your session start time you are no longer are able to attend, please leave to session to allow for other individuals to register
    - Open OleMissCR App and click the home widget in lower left corner
    - Click the “Activities” tab
    - Select date of registered session (registered session shows with orange dot)
    - Click on registered session
    - Click “Leave Session”
Step 2: Sign Up for Fitness, Climbing, or Swimming

Desktop Instructions:

- Select the “Fit|Climb|Swim” tab below the main header at the top of the page
- Select a specific fitness zone, group fitness class, climbing session, or swimming session by clicking the green “Sign Up” button
  - Fitness zones, climbing sessions, and swimming sessions will be available to sign up at 12:00pm the day before up until the start time of the time slot
  - Group fitness classes will be available to sign up the day before up until the start time of the class
- Click the green “Sign Up” bar on the session description page, the Informed Consent and Release of Liability, click the “Accept” button, click “Sign Up” again
  - If at any point leading up to your session start time you are no longer are able to attend, please leave to session to allow for other individuals to register
    - Visit the desktop site and click “Home” in the upper left corner
    - Click the “Events” tab
    - A calendar will appear and show all of your registered sessions
    - Find and click on the upcoming session you wish to leave
    - Select the red “Unregister for Session” button
Step 3: Checking in for your time slot

- If you are experiencing the following symptoms, please unregister for your session by clicking “Leave Session” and contact your healthcare provider. Detailed instructions on how to leave a session are outlined above in Step 2
  - Temperature of 100.4 degrees Fahrenheit or higher
  - Coughing
  - Shortness of breath
  - Sore Throat
  - Chills
  - Muscle Pain
  - New loss of taste or smell
  - Vomiting
  - Diarrhea

- For **Fitness Zones 1-6, Group Fitness classes, Court 1 Basketball, and Multi-Activity Court Soccer** please check-in at the South Campus Recreation Center front entrance (adjacent to the POD)
- For **Climbing**, please check-in at the back of the South Campus Recreation Center at the Ole Miss Outdoors entrance
- For **Swimming**, please check-in at the front main entrance of the Turner Center

All members are expected to bring their Ole Miss ID or CR membership ID to verify active membership
Patron cooperation will be essential in providing a safe and healthy facility environment. We will need your help with cleaning and sanitizing equipment, demonstrating appropriate hygiene, and cooperating with social distancing.

- Per Mississippi Executive Order 1480, all patrons must be screened for illness prior to entering the facility.
- Patrons should plan to arrive no earlier than 15 minutes prior to the beginning of their exercise time slot. There will be a five-minute facility access grace period after the beginning of the exercise time slot at which point waitlist individuals will be added to open slots.
- Patrons must wear a face covering when entering/exiting the facility, moving to/from exercise stations, and maintain physical distancing of at least 6’.
- All patrons must adhere to social distancing guidelines (6’ minimum between patrons/staff).
- Patrons must use designated facility entry/exit locations. Patrons should bring their own water bottles.
- Water bottle filling stations will be available, however, drinking fountains will be closed.
- Guests will not be allowed access to the facilities. Only valid UM ID holders and Campus Recreation members will be allowed facility access.
- All indoor common areas will be closed (i.e. SCRC atrium, Turner lower level lobby, Turner game room).
- Basketball courts and Multi-activity Court (MAC) will also be available with 2 individuals per goal per exercise session.
- Equipment will not be available for checkout. Patrons should bring their own personal equipment (i.e. resistance bands, weight belts, exercise mats, basketballs, soccer balls).
- Equipment will be marked with cones and/or signs to show being offline to maintain safe social distancing during operating hours.
- Restrooms will be available. Locker rooms and shower areas will be closed at the SCRC and open at the Turner Center.
- Day use lockers will be closed and locked. If you require a bag for your personal items, please be mindful of the size of your bag and item. Keep your bag and personal items with you during your activity session, as day lockers will not be available.
- Spray bottles and towels will be provided to each patron upon entry. Patrons will be expected to spray and wipe each piece of equipment before and after use. There is a 45 second “kill time” for the disinfecting spray. Patrons should return the towel and spray bottle to the control desk before departing the facility.
- Hand sanitizer stations will be available throughout the facility and should be used upon entry and exit of the facility and when moving between exercise equipment.
- Patrons may register for one session a day for each activity. This means that patrons may register for one fitness session, one swimming session, one basketball or indoor soccer session, and one climbing session in a given day.